

Hispanic Community Health Study **STUDY OF LATINOS**

(HCHS/SOL)



**Your household could
be selected to
participate in the
most important study
of Hispanic/Latino
health in the
United States.**



YOUR PARTICIPATION COUNTS!

For additional information call:
(305) 243-1828

Website <http://www.saludsol.net>

The following organizations invite you to
participate in the Hispanic Community
Health Study/Study of Latinos:

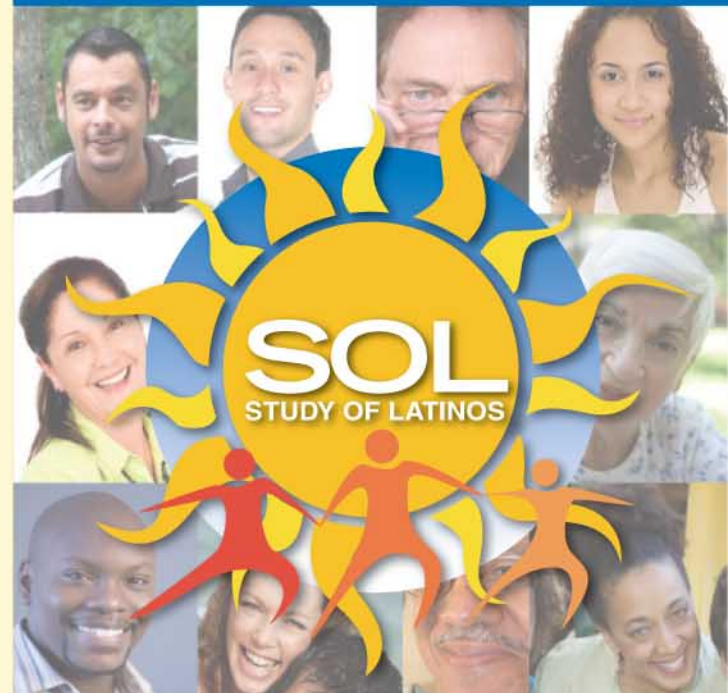


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Hispanic Community Health Study **STUDY OF LATINOS**

(HCHS/SOL)



**Help us understand
the health of
our community!**

If you are Hispanic/Latino
between 18-74 years old,
you could be part of this
historical study.



What is HCHS/SOL?

- The largest Hispanic/Latino health study in the United States. A total of 16,000 residents in Miami, San Diego, New York, and Chicago will participate in this study.
- The purpose of HCHS/SOL is to learn more about the health of Hispanics/Latinos living in the United States.
- A study funded by the National Heart, Lung, Blood Institute (NHLBI).

Who can participate in this study?

- Individuals who self identify as Hispanic or Latino.
- Individuals between ages 18-74.
- Residents of Miami-Dade County who receive the invitation letter.

What does this study involve?

- Participants will be asked to make a one time visit to our clinic. The visit will take around 7 hours and will include the following tests:
 - Blood pressure test
 - Diabetes test
 - Electrocardiogram (to test the health of your heart)
 - Hearing test
 - Lung function test
 - Dental examination
 - Nutritional assessment
 - Physical activity assessment
 - Home sleep assessment
- During the visit participants will complete questionnaires about their health.
- Participants will get an hour long follow up phone call 4-6 weeks after the clinic visit. In addition, the study personnel will contact the participants once a year to complete a half hour long health update interview.
- All participant information will be kept confidential.
- Participants will receive a summary of their test results.

Why participate?

- Participants will receive medical tests at no cost.
- Participants may learn more about their own health.
- Results from the study may help understand factors that affect Hispanic/Latino health.
- Results from the study may show how social-cultural factors affect Hispanic/Latino health.



Help us learn more about the health of Hispanics/Latinos in the United States.